

## sunday jazz brunch

Served every Sunday 11am-2:30pm with live jazz!

### Eggs Americana \* 6.95

Two eggs served any way you like with your choice of thick-cut applewood bacon or smoked sausage. Served with brunch potatoes and a fresh baked muffin.

#### Additional toppings for eggs 75¢ each

Cheddar jack cheese, applewood smoked bacon, mushrooms, green chile sauce

### Eggs Taos 8.95

A breakfast burrito stuffed with eggs, green chilies, and scallions. Topped with fresh salsa and melted cheese. Served with brunch potatoes and a fresh baked muffin.

### Seafood Omelet \* 8.95

Three-egg omelet stuffed with fresh seafood of the day, tomatoes, red onion, and cheese. Served with brunch potatoes and a fresh baked muffin.

### Veggie Omelet \* 7.95

Three-egg omelet stuffed with sauteed mushrooms, tomatoes, red onion, green peppers, and cheese. Served with brunch potatoes and a fresh baked muffin.

### Bacon & Cheddar Omelet \* 7.95

Three-egg omelet stuffed with applewood smoked bacon and cheese. Served with brunch potatoes and a fresh baked muffin.

### Paul's Famous Steak & Eggs \* 10.95

A hand-cut Sirloin marinated in Paul's own sauce prepared to order with two eggs any way you like. Served with brunch potatoes and a fresh baked muffin.

### Griddle Cakes 7.95

Three large fluffy pancakes served with your choice of thick-cut applewood bacon or sausage. Kid portions available. Add pecans for \$1 more.

### Eggs Benedict 8.95

Two eggs poached on an English muffin and Canadian bacon topped with our housemade jalapeno hollandaise.

### French Toast 7.95

Four slices of French bread hot off the griddle, topped with powdered sugar. Served with your choice of thick-cut applewood bacon or smoked sausage. Kid portions available.

## extras

<b>Thick-Cut</b>	<b>Seasonal Fruit*</b>	<b>1.95</b>	
<b>Applewood Bacon*</b>	when available		
<b>Muffins</b>	<b>1.95</b>	<b>Brunch Potatoes*</b>	<b>1.95</b>
<b>Stone Ground Grits</b>	<b>1.95</b>	<b>Additional Egg*</b>	<b>.95</b>
<b>Smoked Sausage*</b>	<b>2.95</b>	<b>Toast</b>	<b>.95</b>

join us for  
**sunday  
jazz  
BRUNCH**  
Every Sunday  
11:00am until 2:30pm

## child's plate \$4.95

For children age 9 and under only, a choice of:

**Fish & Chips served with fries**  
**Grilled Cheese with fries**  
**Cheeseburger with fries\***  
**Chicken Fingers with fries\***  
**Quesadilla with fries**

Adults may order a Texas Toast and Cheddar Grilled Cheese with fries for \$6.95

## desserts

### Chocolate Enchilada 4.95

A housemade chocolate crepe filled with chocolate mousse and topped with a chocolate Ganache sauce and whipped cream.

### Darby Pie 4.95

A wonderful chocolate chip pie filled with pecans and served with whipped cream.

### New York Cheesecake 4.95

Ask your server for today's specialty.

## beverages

Free refills on soda, regular tea & coffee

### Red Bull or Red Bull Sugar-Free 4.00

### Fountain Drinks 1.95

Coke, Diet Coke, Sprite, Mello Yellow, Ginger Ale, Mr. Pibb

### Bottled Water 1.95

### Juice per order 1.95

### Iced Tea 1.95

### Herbed Tea per order 1.95

### Coffee regular or decaf 1.95



[www.canyonsbr.com](http://www.canyonsbr.com)



Legendary

M E N U

Lunch & Dinner Daily 11am Until...

Reservations suggested for parties of five or more.

BLOWING ROCK, NORTH CAROLINA • 828-295-7661

# finger foods

**Chips & Salsa** **3.25**  
Fresh tortilla chips fried in-house and served with our own house-made salsa.

**Super Nachos\*** **8.95**  
Tortilla chips smothered with black beans, cheese, onions, and tomatoes topped with lettuce, guacamole, and sour cream.  
**with steak or chicken** **10.95**

**Black Bean & Cheese Spring Sticks** **6.95**  
Four spring rolls filled with black beans, rice, jack, and cilantro. Deep fried and served with cumin ranch dip.

**Spinach Artichoke Dip** **7.95**  
Baked spinach, artichoke hearts, jack and parmesan cheese, served with tortilla chips.

**Buffalo Wings\*** **7.95**  
Hot & spicy,† raspberry jerk, Hawaiian BBQ, or Thai chile. Served with celery and ranch or bleu cheese.

**Buffalo Chicken Fingers\*** **7.95**  
Hot & spicy,† raspberry jerk, Hawaiian BBQ, or Thai chile chicken tenders specially seasoned and deep fried. Served with celery and ranch or bleu cheese.

**Buffalo Shrimp\*** **8.95**  
Hot & spicy,† raspberry jerk, Hawaiian BBQ, or Thai chile shrimp dipped in beer batter and deep fried. Served with celery and ranch or bleu cheese.

†"Trish-style" with wing sauce on the side available upon request



# soups & salads

**Soup du Jour** cup **3.25** / bowl **4.50**  
All soups are housemade. See specials for daily selection.

**Garden Side Salad\*** **3.25**

**Canyons Salad\*** **5.95**  
Crisp lettuce and seasonal vegetables served with your choice of housemade salad dressing  
**with fried or grilled chicken\*** **8.95**  
**with grilled shrimp\*** **9.95**  
**with grilled salmon\*** **13.95**

**HOUSEMADE SALAD DRESSINGS:**  
Honey Lime Vinaigrette • Honey Mustard • Ranch  
Cumin Ranch • Bleu Cheese • House Lite

# sandwiches & burgers

Served with fries or homestyle chips and pickles. **Substitute Baked Potato for \$1.25**

**Wild Turkey\*** **8.95**  
Thin-sliced turkey and pepper jack on a butter bun with bell peppers, onions, mushrooms, and mayo. Served hot.

**Chicken Maui\*** **8.95**  
Grilled chicken breast topped with a pineapple ring, smokey Hawaiian BBQ sauce, crisp bacon, sauteed mushrooms, and melted jack on a butter bun with lettuce, tomato, and mayo.

**Hot Reuben** **8.95**  
Thin-sliced corned beef or turkey with housemade Russian dressing, sauerkraut, and Swiss cheese on toasted marble rye. Served hot.

**Black Bean Burger\*** **8.95**  
Grilled housemade black bean, green bell pepper, and onion burger on a butter bun with fresh pico de gallo, lettuce, and guacamole.

**Canyons Build Your Own Burger\*** **7.95**  
Naturally raised grass-fed and grain finished beef grilled to order on a butter bun with lettuce, tomato, sliced onions, and mayo.

**For \$1 Add:**  
**Cheese**  
Swiss, Cheddar, American, Jack, or Pepper Jack  
**Applewood Smoked Bacon\***  
**Chili**  
**Guacamole**

**For 75¢ Add:**  
**Mushrooms, Slaw, Green Chile Sauce, Sautéed Jalapeños**

**Duck Burger\*** **10.95**  
Maple Leaf Farms duck infused with applewood smoked bacon on a butter bun with housemade chipotle catsup and slaw.

# on the side

Tortillas.....	75
Fresh Jalapenos* .....	75
Chopped Onions* .....	75
Sour Cream* .....	75
Small Guacamole* .....	95
Large Guacamole* .....	3.95
Shredded Cheese .....	75
Cole Slaw.....	1.95
Rice.....	1.95
Pinto Beans* .....	1.95
Black Beans* .....	1.95
Hush Puppies .....	2.95
Basket of Fries .....	2.95
Baked Potato* .....	2.95
Loaded Baked Potato* .....	3.95
Seasonal Vegetable Medley* .....	2.95

# southwestern platters

All Southwestern dishes are served with pintos and rice, fresh pico de gallo, and our housemade salsa. Housemade habanero sauce available upon request. Add a cup of housemade soup or garden side salad to any entrée for \$3.25

**Black Beans & Rice\*** **7.95**  
A bed of rice topped with black beans garnished with diced onion, tomato, green pepper, and sour cream.  
**with grilled smoked sausage\*** **8.95**  
**with grilled chicken\*** **8.95**  
**with grilled shrimp\*** **9.95**

**Burrito Especial** **9.10**  
White or wheat tortilla stuffed with jack and cheddar cheese, lettuce, tomato, and onions topped with sour cream and your choice of the following:  
**Veggie Burrito** **8.95**  
**with steak, chicken, or spinach** **9.95**  
**with grilled shrimp** **10.95**

**Quesadilla** **8.95**  
Grilled white or wheat tortilla stuffed with jack and cheddar cheese, topped with sour cream.  
**with steak, chicken or spinach** **9.95**  
**with grilled shrimp** **10.95**

**Chimichanga** **7.95**  
White or wheat tortilla stuffed with rice, jack and cheddar, crisp-fried and topped with green chile sauce.  
**with steak, chicken or spinach** **9.10**  
**with grilled shrimp** **9.95**

**Las Enchiladas** **8.95**  
Two fresh corn tortillas stuffed with jack and cheddar cheese, topped with red or green chile sauce, more cheese and chopped onion, then baked.  
**with steak, chicken or spinach** **9.95**

**Soft Tacos** **6.95**  
Two soft flour tortillas stuffed with shredded jack and cheddar cheese, lettuce and housemade pico de gallo.  
**with steak or chicken** **7.95**  
**with grilled or fried shrimp** **8.95**

All dishes are freshly prepared in house with the finest ingredients available. We use locally-grown produce in season and grow our own organic herbs. We regularly offer a variety of seasonally fresh items, so ask about our nightly specials in addition to our menu selections. If you have a special request, please let us know. We offer a diverse selection of domestic and imported wines and beers chosen to complement our menu. Our Southwestern dishes are prepared with a varying degree of spice and heat. Please tell your server your preference.

All items on our menu are available for dining in or to go. We accept MasterCard, VISA, American Express & Discover. 18% gratuity may be added to parties of five or more. A plate sharing charge of \$3.00 includes an extra plate of either beans and rice or fries with a garnish.

# platters

**Chicken Fingers Platter\*** **9.95**  
Hand-breaded succulent chicken tenderloin specially seasoned and deep-fried. Served with fries and cole slaw. Wing sauce, raspberry jerk sauce, Hawaiian BBQ or Thai chile sauce available for \$0.50

**Fish & Chips Platter** **11.95**  
A skin-on filet of flounder dipped in our housemade beer batter and deep fried. Served with fries, slaw, and hush puppies.

**Chicken Maui Platter** **14.95**  
Grilled chicken breast topped with smokey Hawaiian BBQ sauce, crisp bacon, sauteed mushrooms, jack cheese, and a pineapple ring, served with vegetables and your choice of mashed potatoes, baked potato, fries, or rice.

**Salmon Platter\*** **17.95**  
Farm-raised or wild-caught salmon (freshest available) grilled, blackened or pan-seared, served with vegetables and choice of mashed potatoes, baked potato, fries, or rice.

**Canyons Ribeye\*** **18.95**  
Grilled or blackened naturally-raised grass-fed and grain finished choice ribeye served with vegetables and your choice of mashed potatoes, baked potato, fries, or rice.

## Health Smart! We Use NO TRANS FATS

### \* GLUTEN-FREE MENU ITEMS.

All burgers and sandwiches that are gluten-free will be served without a bun or bread. All fried items can be grilled to accommodate gluten-free diets.